

TIGS News

Your essential weekly guide

ISSUE 7 TERM III 2018



TIGS Sapphires Netball Team at Grand Final

Your upcoming event forecast



Monday 24
September

Year 7 and Year 10
Immunisations
(Visit 2)



Thursday 27
September

Senior School
Great Race
Jamberoo Action
Park
Junior School
Big Day In
on the IGC Oval



Friday 28
September

Term III Finishes
Year 12
Graduation
Ceremony and
Formal
in the IGC



Saturday 29
September

Nganambala Trip

Follow us on:



Uniform Update

FROM THE ACTING HEADMASTER

Throughout the year we have been working with parents, students, designers and our uniform suppliers to include additional options for girls. This action was taken as a direct result of student action asking that the school consider a uniform option for girls that allowed them to participate fully in the learning and activity happening at our school. These girls found the long skirts and dresses restrictive physically and were very strong in their request that they be able to run, play and participate fully at school.

The process has been quite protracted, however it was important to ensure that we heard the perspectives of all of our stakeholders in adding to our uniform suite and that we continued to maintain the high levels of presentation with regard to uniform that we value at TIGS. It is also important that we move carefully through changes such as these, as the cost to families in purchasing new uniform pieces is substantial and we want our families to be happy with this expenditure.

The inclusion of trousers, dress shorts and an accompanying blouse has been met with excitement from our girls. We have reviewed three rounds of design proposals in order to get to the samples that we currently have available to us. These are looking fantastic and we anticipate minimal adjustments to proceed to production. We have requested Perm a Pleat to provide an entire set of samples in correct colours that can be modelled by a Junior and Senior female student for final comments from students, staff and parents.

During this consultative process we also explored a summer "no tie and no tuck" shirt for our boys. The feedback from Senior Boys was that they liked their ties and tuck in shirts and were proud to wear their uniform. From younger students the feedback was mixed and at this time the prototype designs for a change have not met my expectations for the style and image of our students. We will continue to consider this possibility in the future.

I appreciate that for some students and parents this process has been frustratingly slow and want to assure you that we are working hard to ensure that all due diligence with regard to quality, suitability of style and consistency in terms of look has been attended to. I also want to clearly state that when these new items are available for sale, they will not replace the current uniform option for girls at TIGS. They will be an addition to the suite of options available and girls will be able to wear either the current uniform options or the new option of trousers and shorts and both will be worn with the current jumper and blazer. The only caveat to this is that students must wear the full ensemble for each option and cannot mix and match between i.e. new shirt with new trousers and old shirt with old skirt or tunic.

I am looking forward to seeing our students in these new uniform choices and the benefits they will experience as a result. I extend my thanks to the students, parents and staff who participated in the consultative design process and to our community for your patience as we work through this initiative.



Mrs Judi Nealy

ACTING HEADMASTER

Widespread Success!

FROM THE HEAD OF SENIOR SCHOOL

This year, five Community Problem Solving (CmPS) teams from TIGS and one Individual Project, submitted Qualifying Reports to the judges. Excitingly, all six projects have been invited to Melbourne to compete at the Future Problem Solving National Finals in October.

Well done to the following students:

- Isabella Atkinson, Enuri Gamage, Elizabeth Michelmores and Zoe Turner with their project CARE encouraging acceptance of those with mental illness.
- Nicholas Chiaverini, Katie Gorham, Katelyn Spicknall and Alexandra Wall with their project promoting the learning of additional languages.
- Mary Bul, Min Seo Kang, Francesca Lambert, Lily Mauger and Nicole Russo for their project promoting tolerance.
- Andrea Avenido and Cecilia Arsenovic for promoting plastic recycling in schools.
- Michael Kyriakoudes, Jonathan Michalopoulos and Jarrod Tuckwood with the project SOS—Save our Skin, encouraging young people to use sun sense.
- Robert Turney has qualified in the Individual category with an amazing plan for *Renewa Schools* so that schools and universities are powered by healthy energy.

Earthquake in Japan

As you are probably aware there was a major earthquake on Hokkaido, Japan last week. The quake was close to Sapporo where there was substantial damage. Our thoughts and prayers are with the students, families and staff of Sapporo Nichidai High School who may have been affected by the quake. Many TIGS students contacted their buddies from the school to support them.

NSW Curriculum Review

The NSW government in May this year announced a review of the NSW curriculum to be undertaken by NESA. Submissions have been invited to this review and there are also community consultation opportunities provided by a roadshow, which will be in Wollongong on Tuesday 16 October from 4.00 pm to 6.00 pm. If you register your interest online, NESA will contact you with details about the venue.

Related to the NSW curriculum review is the news that Sydney University plans to include in student transcripts from 2020, a description of each student's mastery of so-called "soft skills". This will evaluate how graduates communicate, solve problems and collaborate. This will also be a focus in the NSW curriculum review of schools. It is interesting that there has been a shift in focus towards these skills, which are an integral part of the International Baccalaureate (IB) programme taught at TIGS.

TIGS LIBRARY

TIGS Library is promoting Wheelers audiobooks until the end of September as part of our eLibrary services.

To access our eLibrary, you can search for and download the ePlatform by Wheelers app from the App Store or Google Play to begin enjoying both audio and eBooks from your iPad, iPhone or Android device.

Once you have downloaded the Wheelers app, search for The Illawarra Grammar School to locate and access our eLibrary.

You can also access our eLibrary via the [Junior](#) and [Senior library](#) tiles on [TIGS Portal](#).



Mr Greg Lanyon

HEAD OF SENIOR SCHOOL

SPORTS NEWS

NASSA Volleyball Gala Day

The following students represented TIGS at the annual NASSA Volleyball Gala Day. The boy's team played well although only one win was recorded. The girls defeated Wollondilly Anglican College 3 - 0. The second match was against Broughton Anglican College with TIGS winning 2 - 1. In the two final games the team was defeated.

Boys Team:

Kai Goodacre, Robert McGrath, Sebastiano Di Noro, Ryan Osadczuk, James Healey, Daniel Jiang, Harrison Webb, Harrison Kiteley, Hugo Parrish, Ethan McIlwraith, Thomas Peden, Benjamin Jones.

Girls Team:

Olivia Barber, Amy Lendrum, Katherine Bodey, Aria Bacic-Johnston, Carys Jenkins, Zoe McGovern, Anastasia Grozdanov, Iluka Budai, Tahlia Collinge.

Australian Interschools Snowsports Championships

TIGS achieved outstanding success at the Australian Interschool Snowsports Championships in Perisher last week.

- Tom Armstrong finished in 5th Place Division 4 Skier Cross.
- Travis Lindsay achieved outstanding success placing 23rd overall in the Division 4 Snowboard.
- Ashley Armstrong finished in 26th Place Division 3 Alpine.
- The Division 4 Snowboarding team finished in 11th Place in both the Snowboard and Snowboard Cross. Congratulations to: Michael Murray, Fergus Dutch and Hamish Dutch.
- Special mention to our School Captain Ethan Jackson. Ethan's success on the slopes has continued into Year 12 to achieve 6th Place in Division 1 Alpine and he was named Australian Champion in Division 1 Skier Cross.

TIGS Sapphires Netball Team

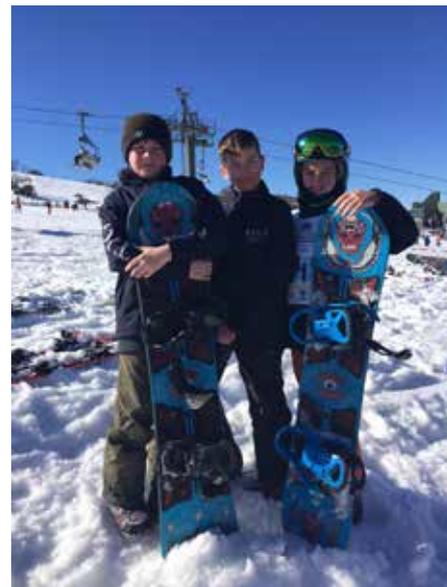
Congratulations to the Berkeley TIGS Sapphires 15's Netball Team. The girls have been training at TIGS for the last two terms and have been competing in the local Illawarra District Netball Association. The team made the Grand Final and defeated the undefeated team from Dapto. Congratulations.

Sapphires Team:

Lauren Ayers, Rhiannon Evans, Madeleine McNeill, Taylor Merritt, Aya Naito, Anoushka Rabiee, Paris Rix, Madeleine Sheargold, Jasmine Sim, Alexandra Wall and Loren Yusuf.

The Illawarra Academy of Sports Rugby Union Scholarships Now Open

The Illawarra Academy of Sport (IAS) is now accepting nominations for the 2018/19 season from aspiring Rugby Union athletes. Nominations close on 1 October 2018. To see the full 2018/19 athlete eligibility, selection criteria and to nominate please head to their [website](#) or contact the Illawarra Academy of Sport. 02 4225 3899



R U OK?

FROM THE HEAD OF JUNIOR SCHOOL

The staff at TIGS acknowledged R U OK day by having an early morning coffee get-together on Thursday. Being a national day of action, dedicated to reminding everyone that any day is the day to ask "Are you OK?" and to support those struggling with mental health. The following four steps are recommended:

1. Ask
2. Listen
3. Encourage Action
4. Check-In

If you have the feeling that someone you know or care about isn't behaving as they normally would, or perhaps seems out of sorts, then trust your feelings and act on it.

By starting a conversation you could help that family member, friend or workmate open up. If they say they are not ok, you can show them support and help them find strategies to better manage. If they are ok, that person will know you're someone who cares enough to ask.

Before you look out for others, you need to look out for yourself. That's OK!

To help you decide whether you're ready to start a meaningful conversation ask yourself:

- Am I in a good head space?
- Am I willing to genuinely listen?
- Am I prepared?
- Have I picked the right moment, and place and do I have enough time to chat properly?

Please go to the [R U OK? website](#) for more information.

The Year 6 Exhibition was launched last week. Our Year 6 students and their teachers worked through their Central Ideas, Lines of Inquiry and decided on their issue and/or problems to be investigated. These have to be age appropriate and have the potential for the students to take action. All issues/problems must be negotiated and approved with the school and are based on the International Baccalaureate guidelines. The exhibition is a process and features the learner profile, key concepts, transdisciplinary themes, significant and relevant knowledge, attitudes, action, collaborative in-depth inquiry, on-going rigorous assessment and the full participation of all students. Each group has a Mentor from staff and now that they have been allocated, weekly Mentor Meetings will begin.

The Exhibition Presentation Evening is on Wednesday 31 October from 4.00pm to 6.00pm.

You are invited to come along to celebrate our learning.

More News on OLLE

[Junior School Awards](#)



[Parents' Lounge](#)



[Junior School Event Photos](#)



Upcoming Events:

Wednesday 19 September

- NSW Junior League Chess Tournament at TIGS

Friday 21 September

- Bake Stall, fundraising for Redkite (Cancer Charity)
- Aboriginal Visit for Year 3

Thursday 27 September

- Big Day In: Junior School

TIGS Extend

This week at Extend, the students have enjoyed the lovely weather by playing Exercise Ball, Volleyball and Soccer. Towards the end of the week, the students expressed their creativity by making Pompoms and designing Wet Chalk Drawings. Students were challenged mathematically with Tic-Tac-Toe on Friday as well as developing teamwork and communication skills with a Three-Legged Race. It's been a great week here at TIGS Extend.

Our Extend Superstar is: **Mateen Hashemi** for his excitement and willingness to participate in all activities.

What's on next week?

Monday: Paper Cheerleading
Tuesday: Spray Bottle Art
Wednesday: Water Experiments
Thursday: Marble Art



Mrs Narelle McRae
 HEAD OF JUNIOR SCHOOL



How Much Is Too Much?

FROM THE DIRECTOR OF TIGS PREP

A universal digital dilemma facing modern parents today is how much screen time is healthy or harmful?

Today technology is part of our children's lives. They have never known a world that didn't have smartphones, smartwatches, digital tablets or interactive whiteboards. One of the greatest parenting challenges is navigating the tricky territory of healthy and appropriate digital activities for their children. The difficulty for educators and parents is to find the right balance that supports each student's technological development and at the same time encourages engagement in non-technological activities.

For young children, there needs to be a balance of play and technology which is only used as part of intentional teaching practice. This prepares children to be lifelong, competent and involved learners. At TIGS Prep, technology and media items are an extension to the daily programme assisting in the development of social, physical, emotional, cognitive, language and the creative potential of each child. The educators integrate information technology experiences across the curriculum that are developmentally appropriate.

One of Australia's leading authorities, guiding parents through the minefield of childhood digital interactivity is Dr Kristy Goodwin. This weeks focus for TIGS Prep was sourced from Dr Goodwin's [website, Digital Health and Wellbeing.](#)

Dr Goodwin's latest findings based on international research into the effect technology has when shaping a child during their early years is essential for all parents. Her finds help parents make informed decisions about how to best manage screentime at home, as well as giving parents a guide for the use of technology in ways that promote healthy lifestyle behaviours.

In addition to these guidelines, sleep is also a vital element for the healthy development and growth of your child. It is important to set limits on technology and the times it can be used. To disengage completely with technology and to allow your child to have deep sleep, ensure your child is not using technology within 30 minutes of their bedtime. The brain needs time to calm and prepare for sleep, this is important so that they get the best quality of sleep possible.



Mrs Taesha Duley-Smith
DIRECTOR OF TIGS PREP